



MapleBear

EXTRA CURRICULAR ACTIVITIES



 2 - 12 years old

 Over 25 ECAs

 Mon - Sat



**Trial
Class
Available**

BallroomBees

Dancing is a good activity for young ages, it combines multiple benefits for children development.

BallroomBees classes focus on developing children's social skills and etiquette, building their confidence and fostering a deep sense of respect for their classmates, all while getting active with friends!



Learning Components

-  Improves arms and legs co-ordination, direction and body balancing
-  Enables concentration and engagement activities
-  Develops coordination & musicality

Powered by:



DURATION

45 Minutes



AVAILABLE

TKO / Lohas



Basketball

Get ready to dribble! This class is designed for children to learn fundamental skills like dribbling, shooting, and passing in an engaging and team-oriented environment. Perfect for building early athleticism and social skills.



Learning Components

-  Practice the basics of dribbling and catching
-  Build upper body power and aiming accuracy
-  Stay stable while running, jumping, and moving
-  Learn to cooperate and share with peers through play.

Powered by:



DURATION

60 Minutes



AVAILABLE

Yau Tong



Cambridge



Our programme prepares children for test formats through engaging and practical practices.

Children are able to develop a strong foundation for many different themes and vocabularies that prepare them for kindergarten readiness.



Learning Components

-  Common answering techniques and question types
-  Useful daily theme-based expressions and vocabulary



DURATION

60 Minutes



AVAILABLE

TKO / Yau Tong / Lohas



TKO | YT | LOHAS



www.maplebear.hk

Chinese Painting

Our Chinese Painting class offers a comprehensive exploration of visual arts culture and language studies, emphasising on both traditional and contemporary practices. Students have the opportunity to immerse themselves in a variety of art activities, each designed to foster creativity, technical skills, and culture understanding.



Learning Components

-  Explore the fundamentals of traditional Chinese painting techniques
-  Appreciation of different Chinese art styles
-  Practice Chinese calligraphy using different types of pens and styles

Powered by:  智藝教室
INTELLI-ART CLASSROOM



DURATION

60 Minutes



AVAILABLE

TKO / Yau Tong / Lohas



TKO | YT | LOHAS



www.maplebear.hk

Coding



Let your children explore the basics of coding using ScratchJR on iPads. Through playful activities, they inspire and learn to plan movement, create patterns, and bring characters to life with simple commands.

We balance screen time with offline games, where classmates take turns guiding or instructing each other.



Learning Components

-  Learning basic coding with ScratchJR
-  Screen-free teamwork and problem-solving
-  Building early STEAM confidence



DURATION

60 Minutes



AVAILABLE

Yau Tong



English STEAM

Using a comprehensive and global STEAM curriculum, students will have a full discovery of various experiments and English immersion, giving them skills that are important for the 21st century.

Children will be very hands-on with projects, working on skills such as how to be decision-makers, how to collaborate and communicate on projects, and how to approach projects efficiently.



Learning Components



4 majors learning areas:

- Creative Design
- English Communication
- Entrepreneurship
- Science Concept



DURATION

60/90 Minutes



AVAILABLE

TKO / Yau Tong / Lohas



Chess

At Chess at Three, we make chess fun, engaging and meaningful to help young minds build confidence, creativity and critical thinking through play.

Engaging stories while building life skills such as sportsmanship, grit, and confidence.



Learning Components

-  Explore complex situations and feelings in a safe, risk-free environment
-  Self-worth, creative thinking, language skills, quantitative reasoning, executive functioning, leadership qualities, and collaboration
-  The importance of perseverance in the face of defeat and overwhelming odds



Powered by:



DURATION

60 Minutes



AVAILABLE

Lohas / Yau Tong



TKO | YT | LOHAS



www.maplebear.hk

Fencing

Fencing requires a combination of strategy, agility, and athleticism, along with specific rules of conduct and scoring.

Children can develop focus, discipline, and strategy in a fun and safe environment.



Learning Components

-  Improves strength, balance, and coordination
-  Encourages teamwork and positive interactions
-  Enhances critical thinking and strategy

Powered by: **FENCING MASTER**
International School Fencing Expert
國際學校劍擊專家



DURATION

60 Minutes



AVAILABLE

TKO / Yau Tong / Lohas



TKO | YT | LOHAS

 www.maplebear.hk

Gymnastics

Get ready to jump, roll and flip your way to new heights under the guidance of Professional Sports Academy's skilled and enthusiastic coach?

Learn how to balance, flip and twirl with our specialised gymnastics courses, fun and full of gross motor skills.



Learning Components

-  Improves balance, coordination, and agility
-  Develops essential movements and strenghtens gross motors skills
-  Encourages children to overcome challenges, bulid confidence and discipline

Powered by:



DURATION

60 Minutes



AVAILABLE

Lohas / Yau Tong



JAZZ Dance

A combo class of jazz, hip hop and tap designed for preschoolers to explore the fun of music and movements and express their love for dance.

For junior and senior kindergartens, JAZZ Test 1 programme is an international accredited programme perfect for students who love dynamic movement and expressive choreography.



Learning Components

-  Builds strong sense of rhythm and timing
-  Encourages coordination, precision, and agility
-  Syllabus-based learning with opportunities for performance and exams (for Jazz Test 1)



Powered by:



CINDY DANCE ACADEMY

仙迪芭蕾舞學院



DURATION

45 Minutes



AVAILABLE

Yau Tong



Kids Ballet



Twirl into a world of magic! Our ballet class nurtures creativity, coordination, and confidence through playful movement and music.

Watch your little one blossom in a joyful, and supportive environment.



Learning Components

-  Basic Ballet Foundations and Motor Skills Development
-  Music Appreciation
-  Social & Emotional Growth
-  Fostering Patience and Building Confidence

Powered by:



Fouetté Ballet School



DURATION

45 Minutes



AVAILABLE

Yau Tong



Kids Yoga



Tao Yoga offers dynamic movement classes for adults, kids, and families of all skill levels. Whether you're a complete beginner or ready to advance, our expert instructors and welcoming community are here to help you build strength, flexibility, and confidence through movement.



Learning Components

-  Physical Development & Strength
-  Enhanced Coordination & Sensory Awareness
-  Bonding and Communication
-  Better Sleep and Relaxation



Powered by:



DURATION

60 Minutes



AVAILABLE

Yau Tong



Language Immersion

French / Mandarin / Cantonese

Children pick up the language in an authentic setting in small groups and use everyday functional expressions.

Children will be introduced to regularly used grammar concepts and vocabulary. At the same time, they will appreciate and enrich their knowledge about other cultures.



Learning Components

-  Language immersion
-  Personalised classes based on children's needs
-  Strengthen their confidence to communicate
-  Fun-filled activities
-  Engage through communication and interaction

hello



DURATION

60 Minutes



AVAILABLE

TKO / Yau Tong / Lohas



Kindermusik

This music-making experience Kindermusik class aims to introduce early years learners to the foundational language, cognitive, and social skills through engaging and interactive musical activities.

The program focuses on fostering whole-child development and empowering parent-child bonds to support a lifelong love for learning.



Learning Components

-  **Cognitive Development:** Builds listening skills, memory, and executive function.
-  **Language Acquisition:** Enhances receptive and expressive skills through vocal play.
-  **Motor Coordination:** Develops fine and whole-body physical strength.
-  **Social-Emotional Growth:** Fosters self-confidence and positive peer interactions.

Powered by:  baumhaus



DURATION

45 Minutes



AVAILABLE

TKO



Mathematics



This class aims to introduce young learners to foundational math concepts through engaging and interactive activities.

The programme focuses on fostering a positive attitude towards math and developing essential skills that will support further learning.



Learning Components

-  Develop number sense and counting abilities
-  Introduce basic operations through fun and interactive methods
-  Promote understanding of shapes, patterns and measurement
-  Creating and extending patterns using colours and shapes



DURATION

60 Minutes



AVAILABLE

TKO / Yau Tong / Lohas



Mini Chef



Cooking is one of the best sensory experiences for young children to develop 5 senses: Smell, Sound, Sight, Taste and Touch.

Your little one will open up to new tastes, they will enjoy cooking responsibility while learning and practicing some basic math concepts as well as building and executing their language skills.



Learning Components

-  Build children's knowledge about food and dining
-  Give children hands-on experience and teach age-appropriate kitchen skills
-  Increase children's awareness of healthy eating
-  Develop children's self-care skills
-  Develop children's language, maths, science, fine motor, social and organisational skills



DURATION

60/90 Minutes



AVAILABLE

TKO / Yau Tong / Lohas



Mini Creator



A hands-on creative workshop where children bring their wildest imaginations to life! Through diverse artistic mediums and sensory exploration, students build, design, and create unique projects that celebrate their individual expression.



Learning Components



Refine hand dexterity through detailed crafting, cutting, and building



Explore various textures and materials to communicate original ideas



Learn how to turn concepts into physical 3D creations using logic and art



Gain pride in personal achievements through unique, self-led projects



DURATION

60 Minutes

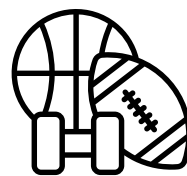


AVAILABLE

Yau Tong



Multi-Sports



Introducing your child to a variety of sports builds fundamental movement skills, coordination, and confidence in a fun, and social setting.

Our multi-sports class focuses on play and exploration, helping your little one discover activities they love while developing a positive foundation for an active lifestyle.



Learning Components



Multi-Sport Training



Skill-Building, Teamwork & Confidence



Expert Coaches



Develop Athletic Ability



Powered by:



DURATION

60 Minutes



AVAILABLE

TKO / Yau Tong / Lohas



Musical Theatre

We are providing students with exploration and training in musicality, movement, and drama in a fun learning environment where interdisciplinary skills are cultivated, showmanship potential is honed, and passion for the arts is nurtured.



Learning Components

-  Work together towards common objectives, fostering a spirit of teamwork and mutual support
-  Nurture imaginative thinking and inspire unique forms of expression
-  Cultivate a welcoming atmosphere where every individual is respected and appreciated
-  Pursue outstanding quality in all our efforts, aiming to exceed expectations



Powered by: **creative collab**



DURATION

60 Minutes



AVAILABLE

TKO / Yau Tong / Lohas



TKO | YT | LOHAS



www.maplebear.hk

Music Induction

Learning music brings multiple positive benefits for a child's brain and emotional development. Unlock your child's music potential with our professional music instruction through various interesting themes.

Children can use their voice to express sounds and innovate music with instruments. It's a course that bubbles imagination and enables children to discover their personalities.



Learning Components



-  Playfulness - learning through play
-  Appreciation for different types of music
-  Discover different musical instruments
-  Anticipation and surprise
-  Vocal play and rhythmical dancing

Powered by:

FHK MUSIC
INTERNATIONAL MUSIC SCHOOL



DURATION

45 Minutes



AVAILABLE

Yau Tong



Nature Playgroup

A pioneering nature-themed playgroup, thoughtfully blending Montessori methodology with wilderness exploration. Your child will learn practical life skills, sensorial discovery and independence-building in every session.



Learning Components

-  Song and Movement
-  Motor Skills Boosters
-  Stimulating Nature-Themed Activities
-  Environmental Awareness



Powered by:



DURATION

60 Minutes



AVAILABLE

Yau Tong



Phonics

Using the comprehensive Letterland syllabus, our phonics course helps children develop a strong foundation in early literacy: reading and writing.

They will have the opportunity to explore different text types and improve their phonemic awareness, blending and segmenting skills.



Learning Components

-  Extensive teacher-student interactions
-  Multi-sensory approach
-  Introduction to tricky and button words
-  44 letter sound introductions, letter formation and inventive spelling



DURATION

60 Minutes



AVAILABLE

TKO / Yau Tong / Lohas



Pop Choir



Unleash your child's inner superstar! Our Pop Choir is a high-energy programme where students learn to sing their favourite modern hits while developing vocal technique, stage presence, and the joy of performing in a group. It's the perfect blend of musical education and contemporary fun!



Learning Components

-  Learn the fundamentals of breathing, pitch, and projection through popular songs
-  Develop the ability to listen to others while maintaining a melody or simple harmony
-  Sync singing with movement to improve coordination and stage confidence
-  Build social bonds and teamwork by blending voices together in a choral ensemble



DURATION

60 Minutes



AVAILABLE

Yau Tong

Powered by: **FHK MUSIC**
INTERNATIONAL MUSIC SCHOOL



Primary Enrichment

Level up your child's literacy with our Canadian Curriculum-based program! Specifically tailored for G1 & G2 (Ages 6-9), we move beyond "learning words" to build confident communicators through a systematic, explicit approach to English excellence.



Learning Components

-  Transition from basic decoding to smooth, natural, and expressive reading
-  Master the art of communicating complex ideas clearly and structurally on paper
-  Develop deep comprehension by analysing the "why" and "how" behind every text
-  Create a foundation for sharing informed opinions and speaking publicly with ease.



DURATION

60/90 Minutes



AVAILABLE

Yau Tong



Speech & Drama

Children will automatically improve their confidence if they focus on their pronunciation and are able to play with their friends.

They will be engaged in dramatic play and widen their horizons learning values from international stories.



Learning Components

-  Use of body language, facial expressions and tone of voice
-  Nurture children's talent in acting
-  Develop students' awareness of non-verbal communication
-  Emotional development



DURATION

60 Minutes



AVAILABLE

TKO / Yau Tong / Lohas



Step Ahead



A dynamic afternoon programme where no two days are the same! Students enjoy a rich blend of Phonics, Storytelling, STEM, and Music. Our mixed-age setting allows children to explore new ideas and grow through shared experiences.



Learning Components

-  Build strong foundations through phonics and interactive storytelling
-  Develop rhythm and physical coordination through music and movement
-  Foster curiosity and problem-solving through hands-on science and logic
-  Gain social confidence and leadership skills in a mixed-age environment.



DURATION

120/180 Minutes



AVAILABLE

Yau Tong



Table Tennis



Boost your focus, coordination, and energy levels! Our Table Tennis class introduces children to an exciting world of ping pong. A fun way to develop motor skills and hand-eye coordination.



Learning Components

-  Follow the high-speed ball to improve focus
-  Develop precise hand and wrist control
-  Improve physical responses to rapid visual cues
-  Learn to control distance and power on the table



DURATION

60 Minutes



AVAILABLE

Yau Tong

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Taekwondo



Unleash your little tiger's potential! Our Taekwondo class blends fun with foundational skills, teaching respect, focus and coordination in a safe and energetic environment. Watch their confidence soar as they learn kicks, make friends, and build character.



Learning Components

-  Learning to follow instructions and concentrate
-  Enhancing coordination, balance, and gross motor skills
-  Achieving goals in a supportive environment builds self-esteem
-  Instilling manners and respect for instructors and peers.



Powered by:



DURATION

60 Minutes



AVAILABLE

Lohas / Yau Tong



Wing Chun 詠春

Empower your child with focus, confidence, and respect through the art of Wing Chun. Watch them grow stronger, both mentally and physically in a positive and high-energy environment. Give them the gift of resilience and respect now!



Learning Components

-  Learn to concentrate, manage emotions, and persevere through challenges.
-  Enhance strength, physical coordination, flexibility, and balancing.
-  Promotes good manners, respect for self and others

Powered by:



DURATION

60 Minutes



AVAILABLE

Lohas



**Trial
Class
Available**

**Book a trial class and start
your learning journey now!**



TKO



Yau Tong



Lohas

Child's Name: _____

Parent's Name: _____

Contact Number: _____



BallroomBees Dance



Jazz Dance



Music Induction



Basketball



Kids Ballet



Nature Playgroup



Cambridge



Kids Yoga



Phonics



Chinese Painting



Kindermusik



Pop Choir



Coding



Language
Immersion



Primary Enrichment



English STEAM



Mathematics



Speech & Drama



Chess



Mini Chef



Step Ahead



Fencing



Mini Creator



Table Tennis



Football



Multi-sports



Taekwondo



Gymnastics



Musical Theatre



Wing Chun

✓ the activity you would like to book for a trial class





Discover our Maple Bear Extra-Curricular Programmes and book your trial class today!

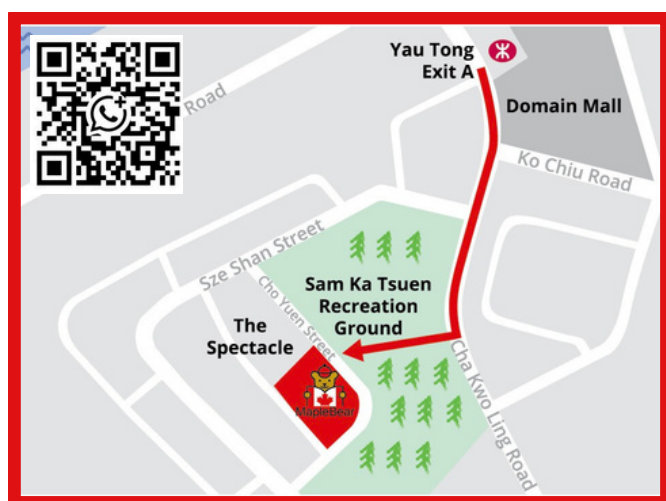


TKO Campus

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☎ 6848 1264

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29 Tong Yin Street,
Tseung Kwan O



YT Campus

☎ 2717 6336

☎ 6949 0322

📍 G/F & 1/F, The Spectacle,
8 Cho Yuen Street,
Yau Tong



Lohas Campus

☎ 2699 8588

☎ 6180 0112

📍 Kindergarten, Level 1,
Le Prestige,
Lohas Park